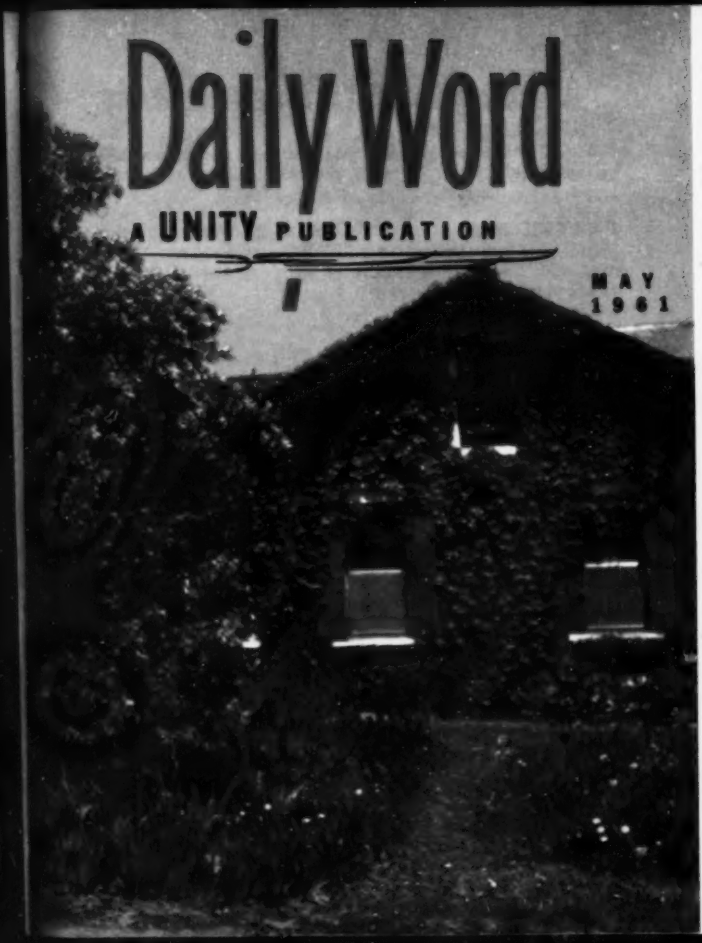
Daily Word

A UNITY PUBLICATION

MAY
1961



Pray with Silent Unity

PEACE . . . **Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.**

PRAYER FOR WORLD LEADERS: **Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the mutual security of all mankind.**

•

PRAYER FOR ILLUMINATION: **God's wisdom directs me in right paths as I follow His will and His way.**

•

PRAYER FOR PROSPERITY: **God works in me to will and to do His good. I am successful and prosperous in every way.**

•

PRAYER FOR HEALING: **God's will of harmony and health governs my mind and body, and I am healed.**

DAILY WORD is nonsectarian. It is published monthly by UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI. Single copies at 20c each, a year's subscription is $2. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Second-class postage paid at Lee's Summit, Missouri.

Unity School publishes the following periodicals: Unity, Progress, Weekly Unity, Good Business, Daily Word, Wee Wisdom, Unity Sunday-School Leaflet, and La Palabra Diaria, at $2 a year each. No additional postage charge for subscriptions to foreign countries.

DAILY WORD

First Issue, July 1924

Edited under the inspiration of Silent Unity

Vol. 74 **MAY, 1961** **No. 5**

In This Issue

An Invitation - - - - - - - - - - - - 2
How to Overcome Troubles—*Constance Foster* - - 3
A Meditation—*JoAnn McLaughlin* - - - - - - 10
Poems: The Prayer of Faith—*Hannah More Kohaus* - 9
Waiting—*Dorothy O'Connor* - - - - - 11
Reassurance—*Ethel A. Clarke* - - - Center
A Prayer for A House—*James Dillet Freeman*
- - - - - - - - - - Back Cover

Cover—Camera Clix
Center Photograph—Cy LaTour

DAILY LESSONS FOR MAY

1. Illumination
2. Healing
3. Prosperity and Success
4. Forgiveness
5. Prayer
6. Sleep
7. Speak the Truth
8. Others
9. God's Will
10. Ears and Eyes
11. Selling, Buying, Renting
12. Children
13. Guidance in Changes
14. Mother's Day
15. Freedom
16. Justice
17. Memory
18. Faith
19. Employment
20. Love and Happiness
21. Order
22. Needed
23. Perfection
24. Confidence
25. Harmony
26. Protection
27. One Healer
28. Weather
29. Kind and Loving
30. Comfort
31. Thanksgiving

AN INVITATION

FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past seventy-one years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telephone at LAclede 4-3550, Lee's Summit, Missouri, or by letter at Silent Unity, Lee's Summit, Missouri.

To telegraph, address: Unity, WUX, Kansas City, Missouri. (The WUX code assures direct twenty-four hour connection to a teleprinter in our office.)

How to Overcome Troubles

CONSTANCE FOSTER

LIBRARY SHELVES are full of how-to-do books —how to do your own remodeling, how to decorate your home, how to build a barbecue for your back yard, how to make your own clothes. But the most important how-to of all is largely overlooked in this plethora of how-to books. We all need help in discovering how to overcome our difficulties, whatever they may be. I am not going to list them because there seem to be as many difficulties as there are people to experience them. But the wonderful thing is that regardless of the nature of the difficulty, the same method can be used to dissolve and dispel each of them.

When I first came into the Truth teaching, I was told that the sole purpose of my troubles was for me to learn how to overcome them. In short, they were spurs to my spiritual growth and development. I could see this and I agreed with it. But how do you overcome anything?

The answer given me was to come up over it. But for a long time the real meaning of this coming up over something was not clear to me. Perhaps you are having the same difficulty, and what

I discovered may be helpful to you as it was to me.

To begin with, I had the wrong mental or visual image. I thought of coming up over something as a long hard climb up a steep road leading to the summit of my difficulties—in short, a path up a mountain of troubles. When I had crept and crawled to the top, where was I to go from there? My ignorant thinking pictured nowhere to go but down on the other side, and that always took me straight back to where I had come from, down to the bottom again! I was thinking and out-picturing in terms of the physical law, that what goes up must come down, the way a ball does. I was not translating the physical law into spiritual terms.

Then one day an inspiration came to me. To come over a problem means to come over to something else. It means to come over to the truth. Now what is the truth about problems and difficulties? The truth is that in God's sight they do not exist. They are figments of the imagination, fathered and mothered by fear, not by the real Father-Mother God. They may seem real enough but so does a bad dream. They are no more really real than the bogey man under the bed, which a child screams about in the night.

The truth you are to come over to is that in

reality there is only one Presence and one Power in the universe—God, the Good, everywhere evenly present in His entirety. God cannot be split up or divided. So the full Presence and Power of God is right where your trouble seems to be. If you truly believe this, what in all the world is there to fear?

Sickness? A doctor's unfavorable verdict? An ache or a pain? Come over this distress to the real Truth about yourself. You are made in God's image and likeness. Can God be sick or in pain? In Him you live and move and have your being. There is none else besides Him.

These are not just words. This is the living Truth. This has always been true. This always will be true. This is true now. You do not have to make Truth work. Truth is. Come over to it and pay no attention to what you previously thought was wrong. You will be astonished at how quickly, even how instantaneously, Truth heals and makes all perfect. All was perfect all the time, as one woman discovered when she tried this method of overcoming. She exclaimed in amazement: "Why, I was all right ten minutes ago, only I didn't know it then!"

Is your difficulty a financial one, an empty pocketbook, the need for a job? Come over this sense of lack and limitation to the Truth. God is

substance and supply. He is unceasing, illimitable, unending abundance of every sort. He does not just supply. He is supply. The gift and the giver are one.

You are one with God and in this oneness you are not separated from your source of supply by so much as the period at the end of this sentence. All that the Father has is yours. Jesus said so. Know and claim this truth for yourself. No one else can do your claiming for you. Identify yourself with the Source, and the supply will be yours. Expect all your needs to be met, and the universe itself will bend its every purpose to that end.

Take your attention off the seeming lack and center it richly, fully, joyously, thankfully on the abundant supply that sprinkles the sky with stars and the beaches of the world with grains of sand. Who can count them? Your supply is equally as abundant when you look to God for it and come up over your former preoccupation with lack to the Truth of your being as a Son of the Most High, co-heir with Christ Jesus to all that the Father has.

Does it seem that adequate love and harmony in human relationships are missing in your life? Are you lonely? Are you without friends? Are you involved in friction? Come over these appar-

ent inharmonies to the Truth.

God is love. You are made in His image and likeness. How much of His love are you allowing Him to express through you? Surrender your little, discordant, human self with its picayune self-defenses in the form of criticism and condemnation. Come up over this little self and come over to the great self that is your true nature and eternal being. When you can love everyone, including yourself, because you know that God's love indwells you and your brother equally, everyone else will love you and inharmony will no longer be a problem.

Another thing, and this is important. I learned it the hard way by condemning myself when things did not immediately clear up for me or a difficulty proved resistant to being left behind. Since I knew God was not to blame, I blamed myself for failure to demonstrate and experience the fruits of demonstration.

Then, one day a very wise teacher taught me a very wise truth. This is what he told me: "Never look on the discords of your life as if they represented a lack of understanding or a lack of demonstration on your part. Regard these unhappy circumstances as opportunities that will be dissolved when they no longer serve their purpose as spurs to your spiritual unfoldment."

The Romans had an unusual and very challenging expression: *Felix Culpa,* meaning the happy or fortunate fault. We can look on all our faults in this light and thus see the good. Call any negative trait your *"Felix Culpa."* This is your challenge, your opportunity to come over to the Truth that will forever dissolve all negatives in your disposition and in your environment.

The truth is that you are already perfect, but at the present time you are in the stage of coming to realize that perfection. Overcoming faults and failures is a means of making progress toward your goal. You are learning to become a God-man or a God-woman, and that is precisely what you are here for.

Never be discouraged. Sometimes in the beginning of your new spiritual development, progress may even become evident as seemingly negative appearances. This is because loss often precedes gain. "He that loseth his life for my sake shall find it," Jesus promised. Actually in the Truth to which you have come over, there is no real loss except of the old false values you may have been placing on things. It is only a transitional experience and when this happens to me I have learned to say, "Praise God. The old is giving way to the new. New doors are being opened as old ones close. I am being led surely and safe-

ly to my highest good. God is all there is, and I am eternally secure in Him."

So do come up over your present troubles and difficulties to the Truth. Come up now, this moment. "Forgetting the things which are behind, and stretching forward to the things which are before, I press on toward the goal unto the prize of the high calling of God in Christ Jesus."

The Prayer of Faith

By Hannah More Kohaus

God is my help in every need;
God does my every hunger feed;
God walks beside me, guides my way
Through every moment of the day.

I now am wise, I now am true,
Patient, kind, and loving, too.
All things I am, can do, and be,
Through Christ, the Truth that is in me.

God is my health, I can't be sick;
God is my strength, unfailing, quick;
God is my all, I know no fear,
Since God and love and Truth are here.

A Meditation

JO ANN MCLAUGHLIN

WHO am I?

I am a note in the symphony of the spheres. I am a joyous note, a powerful note reverberating throughout all eternity.

The celestial symphony resounds with the notes of all creation, rising higher and higher in octaves of ecstatic melody. Each note emanates in harmonic unison from the great heart of God, filling the ethers with majestic song.

Every sound is in ceaseless interchange of tone as it descends and ascends the octaves of universal scales through experiences in consciousness, mingling and intermingling in varied chords with other notes brought together in the divine composition.

I can become part of a minor chord in a mournful melody, like a child crying in the wilderness with the deep longing of the prodigal son ever seeking the way back home.

I can—if I allow myself to get off pitch, out of tune—feel the shattering vibrations of discord within and all around me as a warning and signal to stop for a moment and rest.

I can, in the stillness, attune my threefold being —my body, mind, and soul. I can listen to the sound of my true self. I can place all the discords one by one on an harmonic chord built upon my divine note. As I listen to this mighty chord resound, the discords are resolved in joyous rhythm. Silently soaring in song, I am a note in the symphony of the spheres, a note blending in rapture with all the sounds of the cosmic symphony, the eternal rhapsody. I am in tune with the infinite!

Waiting

DOROTHY O'CONNOR

Waiting should be a time of sitting quietly
With thoughts folded,
Heart at peace.
It should be that here all movement stops
And there is time to listen,
Time for ease.
Be not impatient for this time to end.
Hold it lovingly.
Let it be.
Be still. This waiting is not imposed, but given.
Accept its calm,
Enjoy its length.
Soon the hour ends, the pace begins.
Waiting is a gift.
Receive its strength.

Monday

MAY 1

GOD'S WISDOM DIRECTS ME IN RIGHT PATHS AS I FOLLOW HIS WILL AND HIS WAY.

THIS STATEMENT is Unity's illumination statement for the month. It appears inside the cover of DAILY WORD, and it appears in the other magazines published by Unity School. It is also a prayer that is being widely used by the prayer ministry, Silent Unity.

As we realize that we have access to God's wisdom, through prayer, we trust Him to direct us in right paths. Of course, our part is to follow His divine direction.

We are more apt to follow God's will and His way when we remember that His will is always good will, His way is always the way of peace, order, happiness, satisfaction, and growth. No person wants to stand still or to turn back. Every person wants to move forward. Life is progress! But just as life is progress, life is order. We want to go and to grow in the right direction, and we will know that direction, and we will take that direction when we trust God's wisdom to guide us.

✤ *If any of you lacketh wisdom, let him ask of God, who giveth to all liberally.*—JAMES 1:5.

Tuesday

GOD'S WILL OF HARMONY AND HEALTH GOVERNS MY MIND AND BODY, AND I AM HEALED.

As we use this healing statement—Unity's special healing statement for May—let us consider the tremendous power generated by our collective faith. With hundreds of thousands of people, the world over, thinking about God's will of harmony and health as governing their mind and body, miracles will be performed.

Actually the healings that come forth from faith are not miracles. These healings are the orderly outworking when God's will of harmony and health is allowed to govern our mind and our body. Where we have allowed ourselves to be governed by thoughts that we are weak and aging, now we know the truth: God's will of harmony and health governs our mind and body.

What is true for us is true for the persons for whom we pray. God's will of harmony and health governs them. We can speak words of healing for all who are in need, and we can expect to see a quick, permanent response.

♣ *The power of the Lord was with him to heal.*—LUKE 5:17.

Wednesday

MAY 3

GOD WORKS IN ME TO WILL AND TO DO HIS GOOD. I AM SUCCESSFUL AND PROSPEROUS IN EVERY WAY.

THE ABOVE prosperity prayer is being used this month by many Truth students. It is being used by the groups that meet in Unity centers to pray together at twelve o'clock noon. The idea of taking this time at noon to pray for prosperity and success has become very popular and productive.

Although prayer in Silent Unity is continuous, we set aside a period at noon to give special thought to prosperity. We know that God is working in us to will and to do His good. We know that God is working in the people for whom we pray. He is working in them to will and to do good. We do not feel that we need to specify how prosperity shall come; we do not feel that we need to point out the path to success. We know that God is mighty to work in and through those who pray believing that they will receive.

Our part is to stand fast in our faith.

♣ *It is God who worketh in you both to will and to work.*—PHIL. 2:13.

Thursday

CHRIST IN ME ACKNOWLEDGES THE CHRIST AS THE REAL SELF OF EVERY PERSON.

WHEN WE come to the phrase in the Lord's Prayer, "Forgive us our debts, as we also have forgiven our debtors," let us not pass lightly over these words. Let us remind ourselves that Jesus stressed forgiveness. He exemplified forgiveness. Jesus always held to the divine spark within every person.

It is of paramount importance that we forgive any seeming injury or injustice. It is of paramount importance that we let go of resentment, grudges, and bitterness, for only as we forgive do we remove barriers to love, happiness, and peace of mind. Only as we forgive are we released from tension and able to go forward unfettered and unbound to new blessings.

Christ in us helps us to give love for animosity. Christ in us fills us with faith, trust, and understanding. Christ upholds and blesses us. Christ in us acknowledges the Christ as the real self of every person. Christ in us helps us to release all unforgiveness from our heart.

♣ *Forgive us our debts, as we also have forgiven our debtors.*—MATT. 6:12.

Friday

I AM NEVER ALONE. I WALK WITH GOD.

IN HIS book, *Be!*, James Dillet Freeman writes: "Prayer is the way of walking with God instead of walking alone. Those who have a habit of prayer are never far from God, even though at times they may lose sight of Him.

"Because they have the habit of prayer, they often find things changed by their prayers. But even when things do not change they have a sense that all is well. For they have a sense of a sustaining presence—at the heart of things, compassion!

"Though they may not understand why some things occur, they know that God is there. Therefore, nothing that occurs can be meaningless. They and their lives are meaningful.

"So they can accept their lives and themselves, striving to change what they feel is good to change, but accepting what they cannot change in the faith that behind all the events of life God is working out His pattern of divinity.

"To those who pray, prayer is life itself!"

So, as you pray you will know you are never alone. You walk with God.

♣ *Give yourselves unto prayer.*—I COR. 7:5.

Saturday

"IN PEACE WILL I BOTH LAY ME DOWN AND SLEEP."

THE PERSON in need of sleep and rest often feels harassed, pressed, devitalized. He may, in his desire to relax, resort to the use of material aids to induce sleep. How much more satisfying it is to be able to go to bed and naturally, pleasantly, refreshingly sleep.

For those who seek this satisfaction, the following meditation will prove helpful in quieting both mind and body so that sleep is invited in a natural way. Speaking to the mind first, let us say: "I let go. I let God. I think peace. I am peaceful." The nagging worries, the disturbed thoughts, the anxious wanderings gradually give way. "I let go. I let God. I think peace. I am peaceful."

Speaking to the body, let us say: "I let go. I let God. I breathe in peace. I breathe out peace." All tensions are released and every part of the body assumes a position of ease. "I let go. I let God. I breathe in peace. I breathe out peace."

Sleep, sweet sleep, is the reward gained from such prayerful preparation.

♣ *In peace will I both lay me down and sleep.*—PSALMS 4:8.

Sunday

I SPEAK THE WORD OF TRUTH IN THE NAME OF JESUS CHRIST.

WOULD YOU like to develop your own spiritual ability a thousandfold? Any one of us, if asked this question, would readily answer in the affirmative. For who of us is not eager for some kind of healing either in body, mind, or affairs?

No doubt there are many ways we may learn to become at one with the source of all good. But there is one sure way to effect a spiritual reunion with God's healing presence within us, and it is to pray in the name of the Lord Jesus Christ.

The healing powers of Peter and John were augmented a thousandfold when they spoke to the lame man in the name of the Lord. They said, "In the name of Jesus Christ of Nazareth, walk. . . . and immediately his feet and his ankle-bones received strength. And leaping up, he stood, and began to walk." Is this not expressive of the power of the word spoken in the name of Jesus Christ? Is this not expressive of the power in our words spoken in the name of Jesus Christ?

♣ *All authority hath been given unto me.*—MATT. 28:18.

Monday

I BEHOLD THE CHRIST IN YOU.

I BEHOLD THE CHRIST IN YOU as illumination. No longer do I think of you as bewildered, hesitant, searching. I behold you as radiant with the light of Christ, inspired with the wisdom of Christ, in tune with the Mind of Christ.

I BEHOLD THE CHRIST IN YOU as health. No longer do I think of you as weak, suffering, imperfect. I behold you strong, healthy, perfect. I behold you alive with the life of Christ—the life that is enduring and renewing.

I BEHOLD THE CHRIST IN YOU as harmony. No longer do I think of you as sad, unloving, or unloved. I behold you happy, loving, and loved. I behold your world in complete accord with the harmonious heart of Christ.

I BEHOLD THE CHRIST IN YOU as prosperity. No longer do I think of you as lacking any good thing. I behold you blessed with enriching ideas, properly directed energies, and a victorious, successful spirit.

From the Christ in me I behold the Christ in you, and I rejoice in our oneness of purpose and faith.

♣ *We abide in him and he in us.*—I JOHN 4:13.

Tuesday

MAY 9

GOD WORKS IN ME TO WILL AND TO DO HIS GOOD. MY LIFE IS OPEN TO NEW BLESSINGS.

JESUS SAID, "Ye shall know the truth, and the truth shall make you free." Knowing that I am a child of God, heir to His kingdom, I speak the word of Truth in all situations and free myself from all bondage to sickness, lack, or limitation.

If I am in need of healing of some physical condition, I speak the word of Truth: "God is within me, healing me, restoring me to wholeness."

If I am in need financially, I speak the word of Truth: "As God's child, I am heir to His kingdom of riches, and I am prospered."

If I am facing an inharmonious situation, I speak the word of Truth: "God's love expresses through me, restoring harmony in my affairs."

If I am faced with an important decision or if I am uncertain what I should do in a situation, I speak the word of Truth: "I turn to God for guidance. He reveals His perfect answer to me."

God works in me to will and to do His good.

♣ *Desire the sincere milk of the word, that ye may grow thereby.*—I PETER 2:2 (A.V.).

Wednesday

GOD BLESSES MY EARS TO HEAR AND MY EYES TO SEE.

GOD BLESSES my ears. God blesses my eyes. And I rejoice in the perfect functioning of these God-given faculties.

I bless my ears as the receivers through which I keep in tune with God's world. I release any concern I may have had in regard to my hearing. I pray for my ears. I bless my ears as they convert sound into the rhythm and harmony meant to pervade my world. I recognize my ears as symbols of the receptivity that God seeks for in His children, receptivity that makes possible the full expression of all my faculties.

I bless my eyes as the windows through which I view God's world. I relax any tension in my eyes. I pray for them. I open my eyes to see the perfection and the beauty that are around me. I think of my eyes as symbols of the all-seeing power of God, the power that enables me to recognize myself as God's creation and my world as God's world.

The hearing ear, and the seeing eye,
Jehovah hath made even both of them.
—PROV. 20:12.

Thursday

I AM WISE AND JUST IN EVERY TRANSACTION, BECAUSE GOD GUIDES AND DIRECTS ME.

AT THIS season of the year many changes are contemplated. Even now some of us are thinking of buying or selling property, of renting a home, or of finding a new place to live.

Before we place property on the market, before we buy or rent property, let us establish ourselves in right thinking. For, when we are established in right thinking, our thoughts are as messengers preparing our way to success.

If we have property to sell or rent, let us bless it. Let us give thanks to God for the good we have received from the property and consider how it can be helpful and serviceable to others. Let us pray to set a right price on the property. Let us determine to deal justly as we would have others deal justly with us.

If we are looking for property to buy or rent, let us give thanks that we are divinely guided to the right property. Let us pray for wisdom in deciding what we can afford to pay for the property. Let us expect to be dealt with justly, as we expect to deal justly in our every transaction.

♣ *The righteous dealeth graciously.*—PSALMS 37:21.

Friday

YOU ARE BLESSED, CHILD OF GOD, FOR TO YOU "BELONGETH THE KINGDOM."

As our minds envision Jesus, it is easy to see Him surrounded and followed by children. We know that the very warmth of the man must have been a great attraction to the little ones. His sincerity must have drawn from them the love that children are so willing to give to the adult who is kind to them and understanding of their needs.

Whether or not our life and our work bring us into contact with children, we can give them a blessing. When our thoughts turn to a certain child or to a group of children, let us think of that child or those children with love. When circumstances make it possible for us to be with children, visit with them, reason with them, let us pray to be kind and understanding.

As we consciously give our thought to all children as being kept in God's love, guided by His wisdom, protected by His presence, alive with His life, provided for by His substance, overflowing with His joy, we give them a real blessing.

♣ *Suffer the little children to come unto me . . . for to such belongeth the kingdom of God.*—LUKE 18:16.

REASSURANCE

ETHEL A. CLARKE

I find Him in each leaf and flower,
In desert wind, in sudden shower.
I hear Him in the ocean's roar
In thunderous music 'gainst the shore.
In mountain, valley, hillside, stream,
His hand is there, His love is seen.
Uncharted skies and patient earth
Proclaim His wonders and His worth.
I glimpse Him in the eyes of man
Whose basic goodness none can span.
He is my strength. He is my might,
My freedom, and my deep delight.
Since He is everywhere and all,
I cannot stray beyond His call.

NCE

Saturday

I FIND FULFILLMENT WHEREVER GOD GUIDES ME.

FATHER, this is Your day, and I glory in the bringing forth of Your plan of absolute good for me today. I am open and receptive and obedient to Your instruction. I am willing to be guided, governed, and directed by You. I am unafraid to walk new paths. I am unafraid to meet new people. I am unafraid of change, for I know that any change follows Your inner preparation of me. I am free to go wherever You guide me this day and every day. I am free to enter into new relationships and situations, for I know that "Thou art with me."

I rely on Your strong, sure, unfailing guidance and I am free to express Your good. I allow Your abundant life, love, wisdom, and peace to be expressed through me. I rejoice in the strong feeling that You are within me. I feel secure in Your loving care. My heart is grateful for the sweet peace of Your abiding Presence, and for the knowledge that You are ever guiding me and all Your children in paths of righteousness.

✤ *Jehovah will guide thee continually, and satisfy thy soul.*—ISA. 58:11.

Sunday

I FULFILL GOD'S LAW OF LOVE.

OFTEN WE ARE so absorbed in our work or our plans that we forget to express appreciation to the persons very close to us. Or we say to ourselves of a dear one: "She knows that I love her." Perhaps we reason: "He cannot help knowing that I appreciate him." But we need to let God's love express through us to build a firm foundation for happy human relationships.

So this day in the United States has been designated as Mother's Day. On this day, whenever and wherever possible, we express love and appreciation to our mother or to the person or persons who have given us a mother's care.

As we give expression to God's love, both giver and receiver are blessed. For the people who have satisfying associations are the people who allow the love of God to work through them to make them good friends, good neighbors, good associates. And the people who have rewarding family relationships are the people who allow the love of God to work through them to make them thoughtful members of their family.

♣ *Love therefore is the fulfillment of the law.*—ROM. 13:10.

Monday

GOD CREATED ME TO BE A VICTORIOUS OVERCOMER.

TO THOSE who pray for freedom there comes the blessed assurance: "For freedom did Christ set us free." What does this promise mean to us? How can we use this knowledge in our every-day experience?

Our acceptance of this line from Galatians, as a promissory note, enables us to overcome any unwanted habit of mind or body. As we feel the truth of this statement, we symbolically cash the note. As we affirm the truth of this statement, and accept its truth, we are able to use the substance of faith that the note provides. With the substance of this faith we purchase the freedom for which we were created.

"For freedom did Christ set us free"—free from worry, free from destructive imaginings, free from compulsive actions. "For freedom did Christ set us free"—free from any need for stimulants or drugs, free from any unbalanced, unnatural appetite.

"For freedom did Christ set us free"—free to be the victorious overcomer!

♣ *For freedom did Christ set us free.*—GAL. 5:1.

Tuesday

LET JUSTICE BE ESTABLISHED IN THE NAME OF THE LORD JESUS CHRIST.

JUSTICE IS dear to our heart. We desire to see it established in our personal life, in the affairs of our nation, and in the world. We believe that praying for justice to be established, and praying in the name of the Lord Jesus Christ, helps to maintain and re-establish justice.

One thing we must learn and remember in regard to justice: We cannot judge according to appearances. We realize that there are instances when persons feel unjustly treated, though in reality they are treated with kindness and tolerance. We know that there are persons who assume that the world is an unjust place, with prejudice and harshness in every heart. But as we make a habit of praying for justice to be established in the name of the Lord Jesus Christ, we help all persons to understand that this is a good world. We help them to see that it is the sincere desire of every man to allow the loving Christ Spirit to rule his heart, home, and universe. So we pray: "Let justice be established in the name of the Lord Jesus Christ."

♣ *My judgment is righteous.*—JOHN 5:30.

Wednesday

MAY 17

I AM GRATEFUL TO GOD FOR PERFECT MEMORY.

I AM GRATEFUL to God for perfect memory. I am grateful that I have this richly stored memory filled with information and experiences that help to make life successful, colorful, and interesting.

I am grateful for my ability to bring to mind easily and quickly all that I need to know, when I need to know it. If tension or anxiety tends to close the door of memory, I quietly turn my thoughts to God and say, either silently or aloud: "Thank you, God, for perfect memory. Thank you for peace, poise, and the assurance that all I need to know is now revealed." I relax and let my memory do its perfect work, free from stress or strain.

As I daily give thanks for perfect memory, as I appreciate and bless my memory, I find that everything I need to recall is instantly revealed. I am calm, serene, and poised.

I have confidence in my memory and I express myself perfectly.

♣ *Thou wilt keep* him *in perfect peace,* whose *mind* is *stayed* on thee.—ISA. 26:3.

Thursday

I HAVE FAITH IN GOD AND FAITH IN MYSELF TO FULFILL HIS DIVINE PLAN FOR ME.

"ALL THINGS are possible to him that believeth." I have faith in God and faith in myself to fulfill His divine plan for me. I remind myself constantly that no matter what occurs in my life, God's plan is for me to express fully and freely all of the Christ qualities that are inherent within me.

I have faith in myself. I know God's Spirit, the Christ Spirit, works in and through me. No matter what situations confront me, this indwelling Spirit helps me to meet each experience in a right way. This indwelling Spirit guides me and I know the way that I should go.

I have faith in my indwelling Spirit. I know God blesses me with His will to accomplish what I need to accomplish. He blesses me with strength to do my part toward the perfect outworking of good in my life. God works with me, and I work with God. I am filled with new life and new courage. I rejoice in the awareness of a deepening faith in my ability to do "all things."

♣ *According to your faith be it done unto you.*—MATT. 9:29.

I OPEN MY EYES TO THE OPPORTUNITIES GOD PROVIDES.

THE MAN or woman looking for employment might well take stock of himself or herself by prayerfully contemplating the answers to these questions: "What do I have to offer? Where do my interests lie? What worthwhile occupation would give me the opportunity to use my talents and my energies in the most satisfying measure?"

In prayerful contemplation we find new inspiration and the enthusiasm to act on our inspiration. For when we pray to be guided to our proper place of employment, we can be sure that we will be led to take constructive action.

Sometimes we close our eyes to opportunities. Either we feel that we are not equipped by education or training for certain service, or we feel that we are too well educated or trained to begin at the beginning in a form of employment that has much to offer us. Prayer opens our eyes to all opportunities. Prayer provides us with the wisdom and courage to follow the leading of God's all-providing Spirit.

♣ *Here am I; send me.*—ISA. 6:8.

Saturday

GOD SATISFIES MY LONGING SOUL.

"THOU MADEST us for Thyself, and our heart is restless, until it repose in Thee." If we are restless or dissatisfied with ourselves or with our life, the answer does not lie in further seeking outside ourselves. Rather the answer lies in coming closer to God's presence, finding and knowing Him as the center of our being.

Our desire is to know ourselves as spiritual beings, to return as did the prodigal son, to the Father. The journey is not far, and it is an inward one. "He is not far from each one of us: for in him we live, and move, and have our being."

Today let us meditate on these thoughts: "God created me out of His love and made me in His own image and likeness. He is with me, nearer than breath, closer than the beating of my heart. God is my very existence. In Him I live, and move, and have my being. My heart is no longer restless, my mind is no longer filled with doubts or dissatisfaction, for I am one with God. My heart beats with the heart of God; my life is merged with and satisfied by the life of God."

♣ *He satisfieth the longing soul.*—PSALMS 107:9.

Sunday

I PLACE GOD FIRST IN ALL THAT I THINK, SAY, AND DO, AND MY LIFE IS IN ORDER.

I GIVE thanks that God's illuminating Spirit is leading me to think habitually of His abiding presence. I do not turn to God for help only when trouble appears in my life and affairs. I not only know that God is my help in every need, but also I know that He is my sure help in avoiding any condition of need or of disorder.

I place God first by being eternally aware of His guiding, harmonizing presence. I remember that Jesus commanded man to seek God first, and He prayed that all men would become one with the Father. I become one with Him by thinking His thoughts after Him. As my consciousness of oneness with Him grows and expands, there is never any room for thoughts of disorder or trouble.

Today, every day, each moment, I discipline my thoughts always to include the consciousness of God's presence. My trust in God's sure guidance deepens. His guidance leads me on trouble-free, orderly pathways.

✤ *He guideth me in paths of righteousness.*—PSALMS 23:3.

Monday

GOD NEEDS ME AND MY ABILITIES, FOR I HELP TO MAKE HIS CREATION COMPLETE.

THERE IS never a time in life when God does not need us. Man may accept limitation, but God's need for us in His perfect plan of creation is not limited. God's need for us as His channels of expression does not change, regardless of patterns, standards, or laws established by man.

Even when change disrupts our life and affairs, taking us out of a comfortable pattern, we can know that change cannot take away our desire to serve God. Change cannot take away our ability to think constructively. Change cannot take away our willingness to apply ourself to new tasks at hand. Change cannot take away our faith, our trust, our sure conviction that God needs us, that He will reveal ways for us to continue to live a life that is useful and happy.

We can meet any change in our life and affairs by holding steady with God. We can look to Him for inspiration and guidance and He will lead us in ways that bring success and soul-satisfaction.

✤ Therefore *will we also serve the* LORD; *for he* is *our God*.—JOSH. 24:18 (A.V.).

Tuesday

IN YOU, DEAR FATHER, I AM PERFECTED.

DEAR FATHER of us all, in this time of quickening prayer I come to You.

Here are my moments, perfect their use.
Here is my past, perfect its memories.
Here is my future, perfect its promises.
Here is my present, perfect its fullness.
Here is my spirit, perfect its unfolding.
Here is my mind, perfect its thinking.
Here is my heart, perfect its emotions.
Here is my voice, perfect its utterance.
Here are my hands, perfect their service.
Here are my feet, perfect their path.
Here is my faith, perfect its revelation.
Here is my joy, perfect its expression.
Here are my ideals, perfect their standard.

Dear Father of us all, from this time of quickening prayer I take with me freedom, trust, perseverance. I take with me perfect peace and gracious guidance. I take with me new concepts of life and new values for living. I take with me the knowledge that in You I am perfected.

♣ *I am perfected.*—LUKE 13:32.

Wednesday

I HAVE PERFECT CONFIDENCE IN MYSELF, FOR I KNOW THAT I AM A SON OF THE LIVING GOD.

THE MAN WHO says that he lacks self-confidence is really saying that he does not know his identity. For when we know that we are "sons of the living God" we can never feel insecure or inferior.

The man who knows his true identity also knows the true identity of every man. He knows that all men are "sons of the living God." He knows that there is no high, no low. All are one. All are equally able, equally important in God's sight.

The man who knows that he is a son of the living God, knows that he has access to divine ideas. He knows that within him are infinite abilities. He knows that within him is the power to do and be all that he intuitively feels God would have him do and be.

The fear of failure or disapproval disappears when we recognize ourselves as "sons of the living God." We then have perfect confidence in the Spirit within us that affirms our heritage.

✤ Ye are *the sons of the living God.*—Hos. 1:10.

Thursday

IN MY ASSOCIATIONS WITH OTHER PERSONS I AM MOTIVATED BY THE SAME LOVING, UNDERSTANDING SPIRIT THAT MOTIVATED JESUS CHRIST.

ALL OF US want friendly, harmonious associations with other persons. We want to be considerate of others. We want to be thoughtful, helpful, kind, and loving. We want our words, our expression, our gestures, our attitude to convey interest and approval.

Almost all of us can recall instances where by a cold, expressionless look, a thoughtless word, or an impatient attitude we erected barriers to understanding and friendship.

We can let such incidents serve to remind us that the same loving, understanding Spirit that motivated Jesus Christ motivates us. We can accept His Spirit of love and understanding as our ideal in thought, word, and action. As we continually hold before us the vision of the Christ perfection, the Christ love, we find that we are protected from speaking and acting hastily, unworthily, and thoughtlessly.

♣ *Beloved, let us love one another: for love is of God: and every one that loveth is begotten of God.*—I JOHN 4:7.

Friday

I ABIDE IN GOD'S PROTECTING PRESENCE.

IT IS WONDERFUL to realize that no matter where we are, no matter what we are doing, we are in God's protecting presence. If life leads us into unfamiliar surroundings, if we undertake new ventures, our first thought may be one of fear. But when we remember that wherever we are we can consciously abide in God's protecting presence—for He is everywhere equally present—fear will be replaced with faith.

We are always in God's protecting presence, but we need to realize that we have the responsibility of consciously abiding in His presence. And we discharge this responsibility through prayer. As we pray, we abide in God's protecting presence, we use wisdom and good judgment, we keep ever alert and aware, we remain poised and calm, we co-operate with both God-given and man-made laws.

As we pray, we are not speaking the words, "I abide in God's protecting presence," hoping to make them true. We speak these words because they are true now. And a deep sense of serenity and safety accompanies us night and day.

♣ *The angel of his presence saved them.*—ISA. 63:9.

Saturday

MAY 27

I REJOICE THAT GOD IS HEALING ME IN EVERY WAY.

GOD, WHO IS the one healer, heals perfectly and completely. Let us remember this when there is an appearance of disease or distress. God's healing power is not limited; it does not depend on anything in the outer. Rather, all outer treatment is effective because behind it is the life of God that is pure and perfect, renewing and rebuilding.

It is God who heals all our diseases. It is God who heals us, physically, mentally, emotionally, spiritually. It is God who sees us as perfect, who pours His life-giving Spirit through us, who renews our bodies, who inspires our minds, who lifts up our hearts, who transforms our life and brings newness and brightness into every corner.

Let us rejoice and give thanks that God is with us, that His healing power is at work, that His healing in us is instant, complete and perfect. Let us open our mind and heart and life to the power of God. Let us place our faith in Him and know that even now His work is done.

✤ *I will restore health unto thee, and I will heal thee . . . saith Jehovah.*—JER. 30:17.

Sunday

I BLESS THE WEATHER WITH DIVINE LOVE.

I BLESS THE weather with divine love. Whenever these words flow from my mind and heart, a new attitude toward weather conditions is established in me. I realize that divine order is at work in all parts of the earth creating a perfect balance between moisture and life-giving energy from the sun. Sparkling rain gives me a sense of the all-providing care of the Father. Cool winds brush my face and carry the freshness of life. Warm sunshine brightens my heart as I bless each day God gives me.

I am never dismayed if the weather is not exactly the way I want it to be, for I know that all conditions are in perfect balance through divine love. God's love working through me helps me to respond to all types of weather with poise and calm. I sense a new security wherever I go because I know that the blessing I give makes safe and harmonious my way regardless of weather conditions.

I bless the weather with divine love.

Bless Jehovah, all ye his works,
In all places of his dominion.
—PSALMS 103:22.

Monday

MAY 29

"I NOW AM WISE, I NOW AM TRUE,
PATIENT, KIND, AND LOVING, TOO."

WHAT HAPPENS when we enter into gossip and criticism of others? No matter how we may justify our words and feelings to ourselves or others, we do not really feel right and happy with ourselves. Because we are one in spirit with every other human being, we disturb the relationship, we break the connecting line of love between us when we do anything to hurt or tear down another. The other person may never feel any effect from our gossip or criticism, but we are the ones who are affected. We are the ones who have to repair the break. We are the ones who have to restore the bonds of love through the healing quality of forgiveness.

"A new commandment I give unto you," said Jesus, "that ye love one another . . . By this shall all men know that ye are my disciples." We know our oneness with God through love; we know our oneness with man through love.

The greatest healing we can experience is to love—to love God, to love our fellow man.

✤ *Now abideth faith, hope, love, these three: and the greatest of these is love.*—I COR. 13:13.

Tuesday

GOD IS ALWAYS WITH ME AS MY HOLY COMFORTER.

IF SOME temporary trial or disheartening situation confronts us, there is always a power within us that strengthens and supports us, and brings us true comfort. When Isaiah heard God's words: "Comfort ye, comfort ye my people," Isaiah knew that God was not asking him merely to ease anguish or distress. God was instructing Isaiah to strengthen the Children of Israel so that they could rise out of their difficulties. Then, strengthened and encouraged, they could face life with confidence and courage.

God again responded to the needs of His children, through Jesus, when He promised: "I will not leave you desolate." The moment we feel our heart faltering or our faith weakening, we can seek the Holy Comforter within us through prayer. Through prayer we gain strength and renewal. Through prayer we rise above any heartache or discouragement. Strengthened and renewed, we too are able to face life with a confident spirit and a courageous heart.

♣ *The Father . . . shall give you another Comforter, that he may abide with you for ever.*—JOHN 14:16.

Wednesday

"BLESS THE LORD, O MY SOUL, AND FORGET NOT ALL HIS BENEFITS."

THERE IS something that is healing in the act of thanksgiving. To say, "Bless the Lord, O my soul," has power to lift us up, to make the cells of our body sing for joy. God does not need our gratitude; we need to express our gratitude, for it is a necessary act of life.

We increase our awareness of blessings, we increase our joy in life as we make gratitude and thanksgiving a part of our prayers. Many times we let our prayers be prayers of supplication, prayers of despair, or prayers of faith and devotion. We forget that prayer is really an act of thanks for blessings already received. Jesus said, "Father, I thank thee that thou heardest me. And I knew that thou hearest me always." We do not need to pray for answers to our prayers. We need more times than we know to say, "Father, I thank Thee." Before we ask, God has already answered us. This is why we can rejoice, this is why we need to bless the Lord and forget not all His benefits. There is never a time when we do not have reason for thanksgiving.

♣ *Bless the Lord, O my soul.*—PSALMS 103:2 (A.V.).

COME TO UNITY VILLAGE
For One of These Summer Events

The season of summer events at Unity is just beginning, and you are most cordially invited to attend a Unity Retreat, or a term of the Unity Training School.

The three summer terms of the training school, each lasting about four weeks, will begin on May 15, July 31, and September 4—the final one, of course, running over into fall.

The summer retreat for this year is the Vacation and Young Adults' Retreat, July 15 to 22, and a number of other retreats are scheduled for September and October.

For complete information about Unity Retreats or the Unity Training School, write to: Director, Unity Training School, Unity School of Christianity, Lee's Summit, Missouri.

Gather with Unity Friends In Your Own City

Events at Unity headquarters are designed to provide spiritual renewal and growth along with Christian fellowship, but if you cannot come to Unity headquarters you can find many of the same benefits by visiting the Unity Center in your own city, which is conducted by a licensed Truth teacher and attended by Unity students of your area. Look in your telephone directory or write to Unity headquarters for the location of the Unity center nearest you.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

THE PROVED FAITH-BUILDER

If you would like a greater faith to carry you more smoothly through daily living, you will find help in *Unity* magazine. Since 1889, *Unity* has been helping people to apply Truth principles to the problems they face, and solve these problems for the good of all concerned.

One woman writes: "I must tell you of the joy and comfort, together with the spiritual progress, which I have gained from *Unity*. It seems that this powerful little magazine never fails when I am troubled!"

Unity presents one hundred pages each month, packed with fine articles, poems, and features. Among the regular features are Bible lessons, letters telling of answered prayers, selections from the writings of Charles Fillmore (cofounder of Unity), messages from Silent Unity, and others.

Unity is pocket-sized and has a beautiful full-color cover on each monthly issue. *Unity* is priced at $2 for a full year's subscription.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

For Mother's Day

A UNITY BOOK IS A WELCOME GIFT

For the perfect Mother's Day gift, choose one of these two books, rich in inspiration and reading pleasure.

HOW TO LET GOD HELP YOU, by Myrtle Fillmore. Here are warm and friendly messages from one who understood a mother's dreams and problems, one who was known and loved as the "Mother of Unity." Mrs. Fillmore gives her ideas on such helpful topics as "The Purpose of Living," "Life Is a School," "Health in the Home," "The Law of Supply," and "Contentment." Price, $2.

BEST-LOVED UNITY POEMS, a collection. The spirit of Unity in verse lights this anthology of 181 poems that have been especial favorites with readers of the Unity periodicals. The poems are divided by subject into twelve sections, including verse for holidays and special occasions and for every individual need, and each section is illustrated with a lovely pen-and-ink drawing. Price, $2.

Get these books at your local Unity center, or order direct from:

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

EACH BANK BRINGS BLESSINGS

"Each Prosperity Bank brings its own share of blessings," a California woman writes. "My husband has been told he is in line for an executive position which didn't exist before! What greater demonstration could one ask? The wonderful part for me is the change in my husband. No longer harried and anxious, he has a new dimension of assurance and quiet confidence. The gratitude and joy in my heart is constant."

The Prosperity Bank plan is a daily drill that helps you look to God only for your supply, and helps you share DAILY WORD with your friends. Use the coupon to order your Bank.

Unity School of Christianity, Lee's Summit, Mo.

----(Please PRINT all Names and Addresses)----

Here is my order for DAILY WORD gift subscriptions and a Bank in which to save the $——— cost of these subscriptions ($2 each subscription).

1. Name .....
   Street ..... ☐ NEW ☐ RENEW
   City ..... State .....

2. Name .....
   Street ..... ☐ NEW ☐ RENEW
   City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided. D-5-61

POCKET LIBRARY of TRUTH
for 50 cents

The summer season usually brings us more time for special reading, and this month Unity offers you four of the most practical self-help booklets ever published. These booklets are regularly priced at 15 cents each, but during this special offer you may have all four for 50 cents.

God Is Blessing You Now. Twelve special prayer treatments for different needs prepared by the Silent Unity department.

The Mental Equivalent, by Emmet Fox. You can create in your mind whatever you wish to bring forth in the material world.

The Key to Your Prosperity, by Charles Fillmore. Here are ideas and powerful affirmations for increasing your supply.

God Is My Health. A collection of articles on healing by Charles, Myrtle, and Lowell Fillmore and other authors. Special healing prayers.

FREE—*The Golden Key*

When you order the Pocket Library for 50 cents, you will also receive without charge *The Golden Key,* by Emmet Fox. This famous pamphlet gives in just a few pages a failure-proof prayer formula for solving any problem you may have. Order from:

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

A Prayer for a House

JAMES DILLET FREEMAN

Lord, bless this house—

so that any who pass by it
will be more aware of beauty—

so that any who are guests in it
will find comfort,
company,
and composure—

so that friends will find in it
friendliness—

so that those who come to it with joy
will go from it with more joy,
and those who come troubled
will go feeling peace—

so that we who live in it
day and night and through the years
will find in it
quiet when we need quiet,
exercise of mind when we need that,
a shelter for body and spirit,
a place to spend solitary hours
and to share with those we love.

Amen.